

VIRTUAL EVENT

CME 2020

RACISM IN MEDICINE



December 12, 2020
8 a.m. - 3:30 p.m.
Zoom Webinar

(7.5 AMA PRA Category 1 Credits™ available)

Addressing socioeconomic,
racial, and ethnic disparities
in health care

Presented by:

King County 
Medical Society

UNIVERSITY of WASHINGTON

UW Medicine
SCHOOL OF MEDICINE

sadisu@kcmsociety.org

206.621.9396

[CLICK HERE TO REGISTER](#)

EVENT SCHEDULE

- 8:00 a.m. **Welcome** - Ursula Reutin
Introduction to the CME
Michelle Terry, M.D. and Frederick Chen, M.D.
- 8:30 a.m. **Keynote: The History of Bias in Medicine in Our Society**
Estell Williams, M.D. & Edwin Guillermo Lindo, J.D.
- 9:30 a.m. *Coffee Break*
- 9:45 a.m. **Impacts of Race on Cardiovascular Disease**
Lara Oyetunji, M.D.
- 10:30 a.m. **Specific Examples of Biased Medicine: Diabetes**
Elina Quiroga, M.D.
- 11:00 a.m. **Disentangling Racial Disparities in Prostate Cancer**
Yaw Nyame, M.D.
- 11:45 a.m. **Health Disparities and Inequities: Colon Cancer**
John Vassall, M.D.
- 12:30 p.m. *Extended Break - Lunch*
- 1:00 p.m. **Covid-19 and What it has Revealed**
Rajneet Lamba, M.D.
- 1:45 p.m. **A Metamorphosis in Representational Diversity Training; what should young professionals-in-training experience?**
Ben Danielson, M.D.
- 2:30 p.m. *Q&A Session - Ursula Reutin*
- 3:15 p.m. **Closing Remarks with our 'Action Items'**
Rajneet Lamba, M.D.
- 3:30 p.m. **Adjourn**

COURSE INFORMATION

Webinar instructions

After registration, you should have received an email titled “Racism in Medicine Confirmation” where you will find the link to join the webinar. Please note you will need access to a computer/device to run Zoom, WiFi/internet, and audio in order to achieve the maximum learning experience. [For additional information on Zoom system requirements, they can be found here.](#) If you have any issues on the day of the webinar, please email sadisu@kcmsociety.org.

Course Objectives

Upon completion of this activity, attendees should be able to:

- Identify social determinants of health that may place patients at risk for poor outcomes.
- Discuss the effects of racial/ethnic differences between healthcare providers and patients on patient outcomes.
- Use available resources to assist at-risk patients to improve health outcomes.
- Identify community and stakeholder engagement as a critical component of public health.
- Make recommendations on how to address the inequities they observe in their own practices.
- Create a plan of action on how to save lives by improving social inequalities in healthcare.

Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The University of Washington School of Medicine and King County Medical Society (KCMS). The University of Washington School of Medicine is accredited by the ACCME to provide continuing medical education for physicians. The University of Washington School of Medicine designates this live activity for a maximum of 7.5 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Electronic Course Evaluation

You will receive an evaluation email from sadisu@kcmsociety.org with a Survey Monkey link on December 12th, 2020. Participants have until December 22nd to complete the evaluation. Please give the CME office until January 12th, 2021 to process and provide CME certificates to those registered to receive credit.

DISCLOSURE INFORMATION

The University of Washington School of Medicine endorses the Standards of the Accreditation Council for Continuing Medical Education and the guidelines of the Association of American Colleges that the sponsors of continuing medical education activities and the planners and speakers at these activities disclose significant relationships with commercial companies whose products or services are discussed in educational presentations. Significant relationships include receiving from a commercial company research grants, consultancies, honoraria and travel, or other benefits or having a self-managed equity interest in a company. Disclosure of a relationship is not intended to suggest or condone bias in any presentation, but is made to provide participants with information that might be of potential importance to their evaluation of a presentation. The ACCME defines a commercial interest as "any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients."

The University of Washington School of Medicine, as part of its accreditation from the Accreditation Council on Continuing Medical Education (ACCME), is required to "resolve" any reported conflicts of interest prior to the educational program. Therefore, in light of the relationships/affiliations designated, each speaker/planner/author/reviewer has attested:

1. that these relationships/affiliations will not bias or otherwise influence their involvement in the program
2. that practice recommendations given relevant to the companies with whom they have relationships/affiliations will be supported by the best available evidence or, absent evidence, will be consistent with generally accepted medical practice
3. that all reasonable clinical alternatives will be discussed when making practice recommendations
4. all scientific research referred to, reported or used in support or justification of a patient care recommendation will confirm to the generally accepted standards of experimental design, data collection and analysis.

The following have indicated they do not have any relationships to disclose:

Speaker

Michelle Terry, M.D.

Frederick Chen, M.D.

Rajneet, Lamba, M.D.

Estell Williams, M.D.

Edwin Lindo, J.D.

John Vassall, M.D.

Benjamin Danielson, M.D.

Lara Oyetunji, M.D.

Elina Quiroga, M.D.

Yaw Nyame, M.D.

Planner

Nancy Belcher, Ph.D., M.P.A.

Salem Adisu

FACULTY BIOGRAPHICAL DATA

Michelle Terry, M.D.

Michelle Terry is an attending physician and clinical professor in the Department of Pediatrics at the University of Washington School of Medicine. She received her BA from Stanford University and her M.D. from Baylor College of Medicine and trained in pediatrics at the University of Washington and Seattle Children's residency program. Her clinical interests include general inpatient pediatric medicine, medical education, and advocacy. Dr. Terry was a founding member of the College Faculty whose responsibilities and mentoring medical students at the UW School of Medicine and she is currently the director of the medical school's pre-matriculation program for entering medical students. Her advocacy interests include coordinating medical care for children in foster care, where she serves as a consultant to the Washington state Department of Social and Health Services, while promoting early learning experiences for all children. A former regulator, she was member and chair of the Washington Medical Commission, and now serves as an expert on the American Academy of Pediatrics Committee on Medical Liability and Risk Management.

Frederick Chen, M.D., M.P.H.

Frederick Chen is Chief of Family Medicine at Harborview Medical Center and Professor in the Department of Family Medicine at the University of Washington School of Medicine, where he teaches health policy, conducts research and sees patients.

Dr. Chen attended medical school at the University of California, San Francisco and completed his residency in family medicine at the University of Washington.

Dr. Chen's clinical interests include general prevention and primary care. Dr. Chen is the director of the Family Medicine Residency Network in the WWAMI region and recently served as President of the Society of Teachers of Family Medicine.

Estell Williams, M.D.

Estell Williams is a board-eligible general surgeon, an Assistant Professor of Surgery, Executive Director of the Doctor For A Day outreach program through the UW School of Medicine and Physician-at-large member of the WSMA Foundation Board. Dr. Williams specializes in emergency general surgery as well as elective general surgery practice through the University of Washington. Dr. Williams is an advocate for increasing access to quality, well-informed surgical care that will improve the overall well-being of all patients. She takes pride in helping patients carefully plan their needed surgery. Dr. Williams research interests include health disparities within surgical disease, STEM education and healthcare outreach programming. She is also passionate about resident and medical student education and is actively involved in medical school education, serving as a mentor and educator. She directs an outreach program through the School of Medicine that works with medical students, residents, and attendings to provide underserved K-12 students in the Seattle and Greater Seattle area exposure to medicine and surgery.

FACULTY BIOGRAPHICAL DATA

Lara Oyetunji, M.D., M.P.H.

Lara Oyetunji is a cardiothoracic surgeon who specializes in the treatment of all adult general cardiac surgical diseases. In addition to seeing patients at the UW Montlake campus, she is the section chief of cardiac surgery at Veterans Administration Puget Sound Health Care System, providing quality care for our Veterans.

Dr. Oyetunji's clinical interests include surgical and transcatheter approaches to the management of valvular heart diseases including aortic stenosis, mitral valve disease, and hypertrophic cardiomyopathy. Dr. Oyetunji has an interest in quality initiatives and the provision of the quality care for our patients. And she believes that the multidisciplinary heart team approach in the diagnosis and management of cardiac pathology is integral to providing the best care for patients.

Dr. Oyetunji also has an interest in global surgery with the goal of participating in academic twinning partnerships to develop sustainable surgical programs in low and middle-income countries.

Elina Quiroga, M.D.

Elina Quiroga is a board-certified surgeon at the Vascular and Endovascular Surgery Clinic at Harborview Medical Center. She is also a UW assistant professor of Surgery.

Dr. Quiroga believes in creating active partnerships with her patients to achieve the best possible outcomes. Her scope of care includes management of peripheral vascular disease, aortic aneurysms, vascular trauma and dialysis access, and using open and endovascular techniques.

Dr. Quiroga earned her M.D. from Universidad de Buenos Aires in Argentina. She is board-certified in general surgery and vascular surgery, and is a fellow of the American College of Surgery. Her clinical interests include general vascular surgery, aortic surgery, vascular trauma, peripheral vascular disease and dialysis access. Her research interests include improving surgical education worldwide, especially on methods and conditions relevant to low and middle-income countries and women's participation in surgery.

FACULTY BIOGRAPHICAL DATA

Yaw Nyame, M.D.

Yaw Nyame is a surgeon, researcher, educator, and patient advocate who specializes in urologic oncology and general urology. His clinical interests include open and minimally invasive kidney, prostate, bladder and testicular cancer surgeries.

Dr. Nyame attended medical school at the Feinberg School of Medicine at Northwestern University and business school at the Kellogg School of Management at Northwestern University, graduating in 2012. Prior to medical school, he completed a master's in health services and administration at the school of public health at the George Washington University. Dr. Nyame completed his general surgery internship and urology residency training at the Glickman Urological and Kidney Institute at the Cleveland Clinic. He came to the northwest to complete a Society of Urologic Oncology accredited fellowship at the University of Washington and joined the faculty upon the completion of his training.

Dr. Nyame has a research interest in healthcare disparities in urologic cancers, with a focus in both the molecular epigenomic and health services aspects of health inequities in prostate cancer and other urologic malignancies.

John H. Vassall, M.D.

John Vassall is Comagine Health's Physician Executive for Quality, Safety and Equity. He also serves as interim CEO of the Foundation for Health Care Quality. Dr. Vassall's career spans more than three decades. Before joining Comagine Health, he was a Hospital M.D. Surveyor for The Joint Commission, evaluating U.S. hospitals for safety and quality of care. At Swedish Health Services, he was Chief Medical Officer, responsible for quality, safety, accreditation, research, medical staff services, and risk and compliance. He also served as Vice President for Medical Affairs and Chief of Staff.

Currently, Dr. Vassall is a Trustee for the Washington State Medical Association (WSMA), the American Hospital Association's Institute for Diversity and Health Equity, WSMA's Foundation for Health Care Improvement, and Seattle University. He has held seats on the American Hospital Association board of trustees and the Washington State Hospital Association board of trustees. He served as a member of the University of Washington School of Public Health's Master of Health Administration Advisory Committee.

After earning a Bachelor of Science degree from the University of Wisconsin, Dr. Vassall earned Master of Science and Doctor of Medicine degrees from the University of Washington (UW). He is a graduate of the UW Medicine Certificate Program in Medical Management and the UW Foster School of Business Executive Development Program, as well as the Advanced Training Program in Health Care Delivery Improvement at the Intermountain Healthcare Institute for Healthcare Delivery Research. Dr. Vassall is Clinical Associate Professor of Medicine at the Elson S Floyd College of Medicine, Washington State University.

FACULTY BIOGRAPHICAL DATA

Rajneet S. Lamba, M.D.

Rajneet Lamba has 15 yrs of clinical experience as an internal medicine hospitalist. He completed medical school at the Albert Einstein College of Medicine and residency at UCLA's Cedars-Sinai/West Los Angeles Veterans Affairs program. He has been practicing in the greater Seattle area for the past decade in community-based settings and is currently serving as President of the Board for the King County Medical Society (KCMS) for 2020-2021. Dr. Lamba has been writing with an interest in promoting health equity in our KCMS newsletters and Seattle media with the support of fellow board members. KCMS has pursued new ventures this year including a successful PPE drive and engaging a lobbyist to advocate with legislators, many of whom have expressed a renewed focus on health equity this year.

Benjamin Danielson, M.D.

Benjamin Danielson is the Senior Medical Director for the Odessa Brown Children's Clinic (OBCC). He has worked there for 20 years, combining patient care, clinic leadership and community advocacy.

Dr. Danielson is a clinical professor of pediatrics at the University of Washington, where he received his medical degree in 1992, after completing undergraduate studies at Harvard University. He completed his pediatric residency at Seattle Children's Hospital where he continues to be an attending physician.

In early life he was rescued from the foster care system by a single mom who instilled in him and his sisters the value of education and community service.

Dr. Danielson also serves on various boards of health-related organizations, philanthropic organizations, and community groups dedicated to equity. He has provided many addresses in numerous venues including the University of Washington's Commencement Address in 2018.

The unifying thread in Dr. Danielson's activities relates to promoting well-being and dignity, especially for communities which have historically been pushed aside. He has found amazing opportunities to partner with those passionate about creating a better world. He realizes he is the least useful member of the circles he joins and he is inspired - every day - by the children, families, communities and organizations with whom he interacts.

FACULTY BIOGRAPHICAL DATA

Edwin Guillermo Lindo, J.D.

Edwin Lindo is a Critical Race Theory scholar and educator. He received his Bachelor of Science degree in Business Administration/International Relations from the University of the Pacific in Stockton and his Doctor of Jurisprudence degree from the University of Washington School of Law, where he held an Affiliate Faculty. He is currently His teaching responsibilities there included several courses such as Race & Law: exploring race and racism within systems of law and other societal institutions and examining the often-omitted topics of race, social inequities and oppression; topics necessary to achieve a full understanding of systemic and institutional power. He currently serves as the Assistant Dean of Social & Health Justice within the UW School of Medicine; Acting Assistant Professor the Department of Family Medicine; and Adjunct Assistant Professor in the Department of Bioethics & Humanities.

Honors include University of Washington School of Medicine and Health Sciences Dr. Martin Luther King, Jr. Service Award, 2019; Hero Award Recipient, San Francisco Human Rights Commission. 2016; Community Hero Award Recipient, San Francisco LitQuake Festival. LitQuake is an organization comprised of local bookstores that choose community members who have made a transformational change in the community. 2016; and Awardee, King County Bar Association. 2011.

Edwin and his partner, Dr. Estell Williams, recently opened Estelita's Library, a social justice community library and bookstore. Calling his new venture a "haven to think critically," Edwin has amassed a wide range of books (from his own collection and from various library sales) about matters of social justice, race, class, politics and the history of oppressed peoples. He has partnered with the community to offer a variety of classes, book talks and spoken word events — a place that sparks minds young and old.

His faculty and student development activities focus on addressing issues of racial and social inequities found in medical education, the bedside, and in medical research. He has created an elective course on Critical Race Theory and Medicine and writes extensively on racial justice within Medicine and Healthcare. He is also a national and international speaker on these topics.

CME CREDIT

Thank you for participating in the CME course JT2104 Racism in Medicine.

To obtain your certificate, please follow the instructions below.

Notice: Our website works best with Firefox and Chrome browser; Safari and Internet Explorer are unsupported with our system.

1. Click the following link: <https://uw.cloud-cme.com/Form.aspx?FormID=1959>
2. Create a CME account (if not already done) or Login
3. Click “Continue”
4. Verify your information, then select “Continue”
5. Select the price level that corresponds to the hours that you are attesting to, and enter your hours
6. Click “Finish”

Certificate payment price depends on amount of hours claimed. Please see information below:

- \$25** 8.0 hours or less
- \$35** 8.25-16.0 hours
- \$45** 16.25-64.0 hours
- \$55** 64.25-99-75 hours
- \$65** 100.0 hours or more

You may choose to print out the receipt for your records, save as a PDF, or email a copy to yourself. A link to access your certificate will be emailed to you separately within two (2) weeks of receiving payment. Please make sure your account utilizes an email that is checked regularly. If you have any questions or have not received access to your certificate within two weeks, please contact the CME office at 206-543-1050 or cme@uw.edu

Thank you for participating, and we hope to see you at a future CME offering.

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